Mayview Steering Committee
Meeting Summary
June 17, 2011

Members Present: Tim Casey, Mary Jo Dickson, Audra Dudek, Mary Fleming, Lea Ann Gerkin, Darryl Holts, Carol Horowitz, Matt Koren, Austin Lee, Brandi Mauck Phillips, Dave McAdoo, Karyl Merchant, Chris Michaels, Gerard Mike, Dawn Mueseler, Rick Rach, Wesley Sowers, Jan Taper, Pat Tickle, Pat Valentine, Joe Venasco, Valerie Vicari, Dean Virgili, Deb Wasilchak, Kimberly Welsh

Members Absent: Karen Bennett, Dee Burgess, John Carran, Jenna Cawthorne, Laverne Cichon, Angela Harris, Mary Jo Patrick-Hatfield, Nancy Jaquette, Carol Loy, Donna McCurdy, Edna McCutcheon, Shirlee Hopper-Scherch, Ken Thompson

Others Present: Tom Caringola, Value Behavioral Health; Sue Estroff, University of North Carolina; Katie Greeno, University of Pittsburgh School of Social Work; Courtney Kuza, University of Pittsburgh School of Social Work; Sue Martone, Allegheny County Office of Behavioral Health

1. **Review of Minutes from April Meeting**
   No changes to the minutes of April 15, 2011 were identified. They will be posted to the MRSAP website.

2. **State Updates**
   Val Vicari provided the following state updates:

   Deputy Confirmations:

   1. Office of Development Programs: Kevin Friel
   2. Office of Administration: Karen Deklinski
   3. Office of Child Development and Early Intervention: Barbara Minzenberg
   4. Office of General Counsel: Kenneth Serafin
   5. Offices that have not had Deputies appointed include OMHSAS (Office of Mental Health and Substance Abuse Services), OMAP (Office of Medical Assistance Programs), OLTL (Office of Long Term Living) and OCYF (Office of Children, Youth and Families).

   Departures include Gina Calhoun, who will be joining the Copeland Foundation.

   Other updates include:

   - Statewide Advisory Board: Next two advisory board meeting dates are September 11 and November 3. Venue is to be determined.
   - PA Mental Health Procedures Act Training: Four statewide meetings—Pittsburgh, July 13; Scranton, July 27; Philadelphia, July 20; Grantville, November 30
   - Fraud/Waste/Abuse: Medicare and Medicaid providers will be an ongoing focus of the Commonwealth. Providers need to be aware that audits may become routine and should be implementing their own review of documentation.
   - H.B. 1480: Expanding HealthChoices physical health coverage for 42 counties

- Bulletins in progress:
    - Telepsychiatry
    - TCM. (Targeted Case Management)—under review
    - Involuntary Outpatient Commitment—revisions underway
    - Forensics
    - Cost Center bulletins
    - CHIPP

State Budget

The intent is to have a state budget in place by June 30. There will be an impact on DPW and OMHSAS, which may include cutting Base funds. In addition, there may be changes to MATP services, which would include no funding for transportation to psychiatric rehabilitation. CHIPP funding appears to remain intact. There are also changes to Act 152 funds that will be part of the HealthChoices program going forward.

Discussion ensued regarding the state's fraud/waste/abuse initiative and the issue of consistency with reviewing and reporting. Recommendations included building staff time costs into estimates for audits. OMHSAS currently has no review of guidelines in place.

3. Summary of Mayview 2-Year Report

Mary announced that she would be presenting the *Mayview Discharge Study: Two Year Outcomes* report in detail at the Stakeholder's meeting in the afternoon, and encouraged Committee members to review the report, which was distributed with the meeting materials.

4. Summary of Pitt Evaluation Study

Katie Greeno, along with Sue Estroff and Courtney Kuza, presented the findings from the Mayview Discharge study conducted by University of Pittsburgh School of Social Work. The goal of the presentation was to recap the findings and identify areas for improvement. She emphasized the overall positive findings and the implications for following individuals long-term, as the study will continue to monitor the participants for another two years.

Key highlights include:

- 65 people participated in the study
- Study methods included standardized assessments of quality of life and recovery, as well as qualitative observations and interviews
- Qualitative findings indicate that participants like their new residences and were comfortable with the discharge process
- With new-found freedom, a few people get into trouble
- Many people have staff as their primary contact and some find their lives rather monotonous
- Housing is an on-going concern
- Psychiatric symptoms go down over time
- Contact with friends and social adjustment go up over time
- No quantitative indicator deteriorated over time

Discussion followed regarding the issue of respect, as well as choice and autonomy in terms of housing. Most participants are poor, and rely on public housing as they become more independent; however, public housing is not always available. Also discussed were terms and measurements used

in the report, such as BPRS (Brief Psychiatric Rating Scale), and the definition of remission in terms of mental health.

Other items discussed included most effective services, diversion population, and the role of peer mentors. The study shows that mentors played a more visible role at discharge, and that contact lessened over the course of time as individuals transitioned into the community. Improved housing and social inclusion were also discussed at length, particularly the need for transportation, and additional assistance from peer mentors are needed to develop social networks and improve social integration.

5. **Future of Steering Committee: Monthly Tracking, CFST, QIO**

Matt Koren reported on the workgroup that met to discuss the future of the Mayview Steering Committee and streamline the monthly tracking process. The decision was made to hold quarterly Steering Committee meetings and to continue monthly CSP tracking with some revisions.

CSP Tracking:

The workgroup identified areas that rarely change, such as benefits and income, and will remove these data elements in the monthly tracking. Areas in which the state has shown a continued interest are addressed in existing reporting mechanisms. Data elements will be added to support improved tracking of criminal justice activity. Annual CSP updates will continue as well.

Discussion followed regarding other areas to monitor, such as criminal justice—including diversions, charges, probations and parole.

CSFT:

Because of declining participation in the Mayview satisfaction surveys conducted by the County CSFTs, the workgroup felt the Committee should discuss whether or not to continue tracking. The survey procedures and feedback loop were discussed, and a suggestion was made to combine the questionnaire with the CHIPP process and to consider other methods of collecting the data, such as face to face interviews or focus groups.

The Committee decided to eliminate the Mayview satisfaction surveys given the other satisfaction surveying already being conducted on an annual basis for HealthChoices.

6. **Regional Planning / Reports**

Brandi Phillips reported on the regional planning process. The Committee discussed ways to target specific populations and strategized on how to cross county lines and develop partnerships. Also discussed was the criminal justice system and potential means for obtaining more information, as well as the needs of transition age youth.

Brandi announced that a proposed work plan has been drafted, and AHCI would like to convene a subgroup of Steering Committee members to drive the process and identify areas of focus. She asked for volunteers to join the subgroup and added that each county should be represented. Committee volunteers included Chris Michaels, Carol Horowitz, Joe Venasco, Nancy Jaquette, Betty Gaul, Rich Latsko, and Dean Virgili. AHCI staff will follow-up for additional volunteers.

7. **Topics for the Upcoming Steering Committee Meeting – September 16, 2011**
Mary Fleming asked members for suggestions for topics at the next Steering Committee meeting. Current agenda items include:

- Regional planning
- Healthcare reform
- Update on changes in state budget and policy
- Integration of physical/behavioral health.

8. **Adjournment**
There being no further business, the meeting was adjourned. The next meeting will be held on Friday, September 16, 2011, from 9:00 a.m. – 12:00 p.m. at the **Airport Marriott.**