

Mayview Regional Service Area Plan
Summary of County Service Development
February, 2009

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ALLEGHENY COUNTY

RESIDENTIAL SERVICES

Permanent Supportive Housing (PSH)

Permanent Supportive Housing (PSH) programs provide affordable housing *linked* to supportive services that are available, but not required. PSH is safe, secure, affordable, and permanent as long as the consumer pays the rent and follows the rules of their lease. PSH is linked to support services that are optional and flexible. People are not required to participate in services to keep their housing, although they are encouraged to use services. PSH support services are also flexible - individualized services are available when the consumer needs them and where the consumer lives. The County's Permanent Supported Housing Plans provide for the development of approximately 200 units of housing. The primary target population for this service is individuals who are being discharged from Mayview or who are in residential programs that could be used by individuals at Mayview.

This program also includes a **Housing Support Team** that assists people in maintaining their tenancy and with integrating into their home community. The Housing Support Team coordinates with an individual's clinical team.

Comprehensive Mental Health Personal Care Homes (CMHPCH)

This residential program provides assistance in meal preparation, assistance with activities of daily living, medication monitoring, activities programming, and has 24-hour staff including mental health professionals and registered nurses.

Long-Term Structured Residences (LTSR)

LTSRs provide intensive mental health treatment in a full-time secure and supervised residential environment. The County added to its existing capacity with the development of two new programs, expanded capacity at another program, and also participates in a regional program.

Specialized Supportive Housing

These small homes are intended for 3-4 residents who have had extended stays in the state hospital and who require significant support without the need for the restrictiveness or staffing complement of LTSRs, however these community based homes have 24-hour staff. The County currently is operating four of these homes with another four being developed. The County is also participating in this regional program.

24 Hour Supported Housing in Apartments

Allegheny expanded 24 hour supervised supported housing at three locations.

Extended Acute Care

This residential program offers diversionary and acute stabilization services. Extended Acute Care provides a longer period of inpatient stabilization in a recovery oriented environment that permits the individual to return to the community while avoiding unnecessary state

hospitalization. The county has expanded its capacity in this area to 30 beds and will be developing a community based model of the program in the near future.

Residential Treatment Facility for Adults (RTFA)

The RTFA provides highly structured residential mental health treatment services for individuals 18 years or older. It offers diversionary and acute stabilization services and serves as an alternative to either state or community hospitalization. Allegheny expanded capacity in this service area, as well as participates in a regional program.

COMMUNITY BASED SERVICES

Community Treatment Teams (CTT)

Allegheny County has expanded its CTT services to now include nine teams capable of serving over 600 people. CTT is a community-based team-delivered program providing a wide variety of services, including psychiatric evaluations, mental health and drug and alcohol therapy, medication management, case management, peer support, assistance with housing, crisis and hospital diversion services, vocational assessments and supported employment, and assistance in managing personal finances. Teams typically include a Team Leader, a Psychiatrist, Nurses, Mental Health Professionals, Drug and Alcohol Specialists, Peer Support Counselors, and Vocational Specialists.

Enhanced Clinical Case Management Team (ECCM)

The ECCM Team includes a Master's level clinical therapist, nurse, case managers and peer specialist and will be utilized for individuals being discharged from state hospital or diverted from Community Inpatient. This service is a step-down from CTT or step-up from Blended Case Management (BCM).

Expansion of Case Management Services

This expansion supports case managers meeting with individuals while they are still in the state hospital to establish a relationship and begin working on Community Support Plans (CSPs).

Mobile Medications

Mobile Medication services have been developed for individuals being discharged from the State Hospital or diverted from Community Inpatient. These services are provided by a team of three nurses and a peer specialist, with the consultation of a pharmacist. The teams meet daily and review consumers' progress and schedules, and focus on both providing medications and teaching people how to manage their own medications.

Expansion of Crisis Services

Expanded telephone, walk-in, mobile teams, and short-term residential crisis services on a county-wide were developed.

Other providers will be able to continue to operate existing walk-in and residential (DAS) services as part of Allegheny County's overall crisis network.

Development of a Community-Based Community Support Planning (CSP) Process

This new program plans to proactively use the CSP process in community inpatient, RTF-A, and extended acute care settings to facilitate individual discharge planning and access to needed resources for consumers.

Enhanced Staffing

This service enables Allegheny County to support providers in the use of one-on-one supplemental staffing on a case by case basis for a pre-approved length of time.

PEER SERVICES

Peer Mentoring Program at Mayview through the Peer Support and Advocacy Network (PSAN)

Development and expansion of the Peer Mentoring Program provides a valuable and desired service to those individuals transitioning from the State Hospital. This program works with people before and after discharge to help them transition to the community and build natural supports.

Peer Support Warmline

The Warmline is a telephone service available for mental health consumers, or any other interested parties that are 18 and older, to call for support. The service provides supportive listening, problem solving, resource sharing, referral, and peer support for individuals in Allegheny County.

Allegheny County has begun discussion with PSAN to develop an additional service through the Warmline that will offer the possibility of daily telephone calls to ensure the individual's well-being. This will be on a voluntary basis to consumers being discharged from Mayview.

Certified Peer Support Specialist

Allegheny County has three providers approved for this service.

FORENSIC SERVICES

Crisis Intervention Team (CIT)

The CIT includes a specialized group of Pittsburgh Police officers who are trained to handle crises involving individuals with mental illness.

Central Receiving Center (CRC)

The CRC serves as a triage facility available 24 hours a day, 7 days a week. The CRC offers intake, screening, assessment, and crisis intervention services, access to respite beds, and referrals to behavioral health services. The CRC coordinates with police and behavioral health forensic services as well as with families and significant others.

Pre-Booking Diversion Program

The Pre-Booking Diversion Program serves as a jail diversion resource for individuals with mental illness who are arrested for non-violent misdemeanors or felonies. The diversion

program closely coordinates with the CIT officers and is often supported by the CRC facility as a jail diversion alternative.

OTHER SERVICES

Mental Health Advocacy

Advocate services have been expanded through the Mental Health Association to assist in the CSP development at Mayview and at Torrance State Hospitals and are now involved in the Community Inpatient CSPs.

Representative Payee Services

Allegheny County is expanding its representative payee services to assist people moving from the state hospital to the community to manage money and ensure that bills for vital services (i.e., rent, heat, etc.) get paid.

Enrichment Activities

Allegheny County will fund enrichment activities such as college classes on a case by case basis.

Transportation Service

This service will provide Travelers' Aid with the funds needed to purchase additional bus passes for people moving to the community so that they have transportation to clinical appointments, work, social activities, etc.

Individual Support Services

Allegheny County will expand the contingency funds available for people moving from the state hospital to the community. These funds can be used in two ways: 1) one-time funds for people leaving the state hospital to purchase household goods; and 2) for items on an as-needed basis, such as medical equipment, oversized wheelchairs, etc.

COUNTY STAFFING

Pre-Discharge Planning Team

This team represents the County in Mayview discharge planning and is responsible for the successful acquisition and coordination of community resources and supports.

Community Integration Team

Tracks, monitors, and reports on all individuals discharged from Mayview State Hospital with a Community Support Plan.

Community Care Behavioral Health Care Management Team

This team supports the County in assuring continuity of care with HealthChoices services and Physical Health Care.

BEAVER COUNTY

RESIDENTIAL SERVICES

Permanent Supportive Housing

Beaver County is designing safe, affordable permanent housing for people using behavioral health services in Beaver County. This will involve the development of new affordable housing and also provide rental assistance while people seek Section 8 benefits.

Housing Support Coordinator

In October 2008 a Housing Support Coordinator was added to the BCBH staff through a contract with Allegheny HealthChoices, Inc. This Coordinator helps individuals find, apply for, and maintain their permanent supportive housing within the community.

Long-Term Structured Residence

LTSRs provide intensive mental health treatment in a full-time secure and supervised residential environment. The County will be expanding its existing capacity by adding four beds to the Friendship Ridge LTSR. The County also participates in a regional program.

Regional: Extended Acute Care

This residential program offers diversionary and acute stabilization services. Extended Acute Care provides a longer period of inpatient stabilization in a recovery-oriented environment that permits the individual to return to the community while avoiding unnecessary state hospitalization. Beaver County has access to the Allegheny County facility located at Western Psychiatric Institute and Clinic (WPIC) and is also participating in a regional program development initiative for an additional facility.

Regional: Residential Treatment Facility for Adults (RTFA)

The RTFA provides highly structured residential mental health treatment services for individuals 18 years or older. It offers diversionary and acute stabilization services and serves as an alternative to either state or community hospitalization. Beaver County is participating in a regional program.

Regional: Enhanced Personal Care Home

Beaver County has contracted with Northwestern Human Services for development of a regional Enhanced Personal Care Home. An enhanced personal care home offers additional mental health supports in the home.

Respite Services

There is a current contract with an in county personal care home that has now been expanded from two to three reserved respite care beds. In addition two beds within the existing CRR program are used for respite. Along with the reserved respite beds, the county has a contract with another personal care home for respite care services on an as needed basis.

Enhanced Nursing Home Services

Beaver County is moving forward with the implementation of increased behavioral health services and supports at the Friendship Ridge Nursing Home. These services will offer an enhanced level of care for individuals requiring both mental health and skilled nursing care.

COMMUNITY-BASED SERVICES

Case Management Services

Beaver County hired a consultant to evaluate its capacity for intensive services provided by case management and Community Treatment Teams to better understand the effectiveness of these services being delivered. New and expanded services were then planned as a result of this evaluation. The Beaver County Direct Services Unit has fully implemented blended case management. Glade Run was added as a case management provider and there are plans for the expansion of case management services at Heritage Valley Health Systems (HVHS).

Assertive Community Treatment Team (ACT)

Beaver County currently has one ACT Team at HVHS which provides intensive community-based treatment. ACT is a community-based team-delivered program providing a wide variety of services, including psychiatric evaluations, mental health and drug and alcohol therapy, medication management, case management, peer support, assistance with housing, crisis and hospital diversion services, vocational assessments and supported employment, and assistance in managing personal finances. Teams typically include a Team Leader, a Psychiatrist, Nurses, Mental Health Professionals, Drug and Alcohol Specialists, Peer Support Counselors, and Vocational Specialists.

Additional Case Management Program Development

In addition to the ACT, Beaver County has expanded its case management capacity to include additional administrative case managers.

Expanded Outpatient Mental Health and Psych Rehabilitation

Beaver County has expanded its existing capacity to offer additional specialized outpatient services as well as Psychiatric Rehabilitation for the Deaf/Hard of Hearing population. A psychiatrist is on site once a month. A Psychiatric Rehabilitation worker who is proficient in American Sign Language has been hired.

PEER SERVICES

Certified Peer Support Specialists

Beaver County Behavioral Health sponsored a certified peer specialist training in October-November 2008. Eleven individuals from Beaver County successfully completed the training. Also there were individuals from Elk and Allegheny who took the training. In county we now have 18 Certified Peer Specialists (CPS). Two specialists are employed by the current CPS provider Aurora. Through the co-occurring initiative, three individuals are employed by Gateway Rehabilitation Center. Many are employed by the Mental Health Association as peer mentors or on the Warmline. We continue to keep them informed of job opportunities such as residential programs and Community Treatment Teams.

Peer Mentoring Program

Beaver has expanded its peer mentoring program with the Mental Health Association (MHA). Peer mentoring was implemented so that individuals going through the Community Support Plan process were visited and supported by peers. Once a person was discharged, the peer mentor has continued to keep in contact with them in the community. Peer mentors have been very creative in engaging individuals in various community activities and helping them develop natural supports. There is a Men's YMCA Exercise Group and a seasonal bowling league.

Warmline

Beaver County has contracted with the Mental Health Association to operate a peer support Warmline, which is a telephone service available for mental health consumers. The service provides active listening, problem solving, resource sharing, referral, and peer support. It is available every evening - 365 days a year.

Compeer

Compeer is a program that matches a volunteer to a one-to-one friendship connection with someone who has an emotional or mental health problem. Volunteers are being actively recruited and matches have been made.

Recovery Specialist Staff

Beaver County now has two Recovery Specialists working in the Administrative Office to assist in the development of a culture of recovery and specific recovery-oriented initiatives. They have begun outreach visit to county providers.

FORENSIC SERVICES

Forensic Assertive Community Treatment Team (FACT)

A Forensic ACT Team began operation September 2008. This service supports forensic and hospitalization diversions. This team serves individuals involved in the criminal justice system, whose primary needs are those pertaining to mental health or co-occurring mental health and substance use disorders.

This team is similar to a traditional ACT in that it is a mobile outreach team that has the ability to provide the majority of mental health treatment, rehabilitation, service coordination, housing, vocational, and other general services typically provided by different components of the mental health system. This team also has the ability to complete COD assessments for the court.

FACT serves individuals discharged from Mayview State Hospital, as well as others in the community.

Re-Entry Liaison

For case management support, the position of Re-Entry Liaison was created to facilitate and coordinate community re-integration from the county jail.

Forensic Housing Supports

Using reinvestment funds, BCBH supports Stone Harbour, a transitional housing program designed to serve individuals with a COD upon release from the local jail or prison or who are currently involved with probation or parole. In addition, BCBH has partnered with Gateway Rehabilitation Center (GRC), Adult Probation, and the local Housing Authority to provide housing supports at two public housing sites. GRC provides on-site support groups and assistance. The HealthChoices funded Re-Entry liaison works out of both sites. The Housing Authority offers additional security and approves applications that might otherwise be rejected. Adult Probation is involved with the screening and on-going supervision of applicants.

BC LAUNCH

BCBH has received a five year grant from the Center for Substance Abuse Treatment (CSAT) at the Substance Abuse and Mental Health Services Administration (SAMHSA). It is designed to expand and strengthen treatment services for people, who are chronically homeless and have a substance abuse and/or mental health disorder. BCBH will use this grant for outreach, screening, pre-treatment services to engage the individual, brief treatment interventions, peer recovery support services and referral to existing housing and treatment resources.

OTHER SERVICES

Crossroads-Homemaker Home Health (HmHH) program

This in-home support service is to provide homemaker assistance to people who want to live in permanent supportive housing, but who may need help with daily living activities. These include but are not limited to help with cleaning, personal care, grocery shopping, meal planning, escort to community appointments or training in the use of community resources.

Representative Payee Services

Beaver County expanded its representative payee services to assist people moving from the state hospital to the community. Representative payees also help clients apply for financial benefits while establishing goals for future purchases.

Expanded Drop-In Services

Drop-In Centers offer peer support and socialization services for individuals. Beaver County has expanded its Drop-In Center services to include evening and weekend hours, as well as programming for individuals with co-occurring mental health and substance use disorders. WRAP training has occurred and peers are able to assist any person interested in developing a plan. The Wellness program continues.

Employment Transformation

Beaver County has contracted with a consultant for technical assistance to develop additional programming to assist in employment services. An Advisory Council has been formed, the target population has been selected, and participant and stakeholder trainings were held in the summer of 2008. In December 2008 three county representatives attended the Employment Transformation Forum in State College. Anticipated kick off is March 2009.

Co-Occurring System of Care

BCBH has been Collaborating with Drs. Ken Minkoff and Chris Cline – National Experts in Co-Occurring Disorders. In order to help support people with co-occurring disorders (COD), including mental health and substance abuse, Beaver County contracted to receive training and technical assistance from Drs. Minkoff and Cline. A COD Steering Committee has been established. In June of 2008, Beaver County, Value Behavioral Health (VBH), and over a dozen providers signed a Consensus Document, committing to become COD competent.

September 2008, Drs Minkoff and Cline participated in a dinner meeting with local psychiatrists. BCBH and VBH co-sponsored this event. The psychiatrists who attended received education credits. The hope is that this will become a regular meeting of community psychiatrists.

In both September and December 2008, both doctors met with the county changes. Technical assistance visits have been made to at least four providers. March 2009 Drs Minkoff and Cline will return to the County to meet with the change agents and the steering committee. A case study will be completed.

Expanded Transportation Service

Beaver County Behavioral Health expanded its involvement with the Beaver County Transit Authority to ensure transportation services continue, including reduced fair services. This assists individuals moving to the community, so they have transportation to clinical appointments, work, social activities, etc.

Contingency Funds

BCBH expanded the existing contingency fund utilizing a combination of reinvestment and service area plan funds to provide assistance to divert more costly and restrictive levels of service and to promote stabilization when a person is in temporary crisis due to financial concerns.

GREENE COUNTY

RESIDENTIAL SERVICES

Permanent Supportive Housing (PSH)

Permanent Supportive Housing (PSH) programs provide affordable housing *linked* to supportive services that are available, but not required. PSH is safe, secure, affordable, and permanent as long as the consumer pays the rent and follows the rules of their lease. PSH is linked to support services that are optional and flexible. The County's Permanent Supported Housing Plan provide for approximately 10 units of housing.

Shelter Plus Care (S+C) Program

Greene County has also provides a Shelter Plus Care program of 6 units. The Shelter Plus Care is a Federal program designed to provide housing and supportive services on a long-term basis for homeless persons with disabilities, (primarily those with serious mental illness, chronic problems with alcohol and/or drugs, and acquired immunodeficiency syndrome (AIDS) or related diseases) and their families who are living in places not intended for human habitation (e.g., streets) or in emergency shelters. The program allows for a variety of housing choices, and a range of supportive services funded by other sources, in response to the needs of the hard-to-reach homeless population with disabilities.

Enhanced Personal Care Home

Greene County has opened 7 mental health beds in a local personal care home, Ewing Manor. Enhanced Services will be provided by SPHS.

Regional: Long-Term Structured Residence

LTSRs provide intensive mental health treatment in a full-time secure and supervised residential environment. The Greene County will be adding to its existing capacity by participating in a regional program being developed.

Regional: Extended Acute Care

This residential program offers diversionary and acute stabilization services. Extended Acute Care provides a longer period of inpatient stabilization in a recovery oriented environment that permits the individual to return to the community while avoiding unnecessary state hospitalization. Greene County has access to the Allegheny County facility located at WPIC and is also participating in a regional program development initiative for an additional facility.

Regional: Residential Treatment Facility for Adults (RTFA)

The RTFA provides highly structured residential mental health treatment services for individuals 18 years or older. It offers diversionary and acute stabilization services and serves as an alternative to either state or community hospitalization. Greene County is participating in a regional program development initiative for an additional facility.

COMMUNITY BASED SERVICES

Expanded Out-patient

- Centerville Clinics
- SPHS
- Cornerstone

Expanded Mental Health Mobile Out-patient

- SPHS

Expanded Case Management

- SPHS
- Centerville Clinic

Community Treatment Teams (CTT)

- SPHS – Greene County has developed a CTT to provide intensive community based treatment. CTT is a community-based team-delivered program providing a wide variety of services, including psychiatric evaluations, mental health and drug and alcohol therapy, medication management, case management, peer support, assistance with housing, crisis and hospital diversion services, vocational assessments and supported employment, and assistance in managing personal finances. Teams typically include a Team Leader, a Psychiatrist, Nurses, Mental Health Professionals, Drug and Alcohol Specialists, Peer Support Counselors, and Vocational Specialists. Telepsychiatry services are being offered as a program of CTT.

Psychiatric Rehabilitation

- Greene ARC – A program to help people with mental illness to re-discover skills and access resources need to become successful and satisfied in the living, working, learning and social environments of their choice.

Social Rehabilitation

- AMI – this program helps people with mental illness learn social skills and assist people in developing natural support systems in the community.

Crisis Stabilization / Diversion Unit

- SPHS (Donora) – A medically supervised crisis stabilization and structured respite services to those with a behavioral health disorder who are in crisis.

Licensed Crisis Services

- Licensed crisis services to include telephone, mobile and walk in are being developed and should be in place by July 2009.

PEER SERVICES

Certified Peer Support Specialist

Centerville Clinics Inc. is currently providing Certified Peer support for Greene County. Another provider is currently seeking licensure to be a second provider.

OTHER SERVICES

Hospital Liaison

Greene County Mental Health provides a staff person as a liaison between hospital and residential placements and the Community Resources.

CSP (Community Support Plan Facilitation)

Greene County also facilitates Community based CSP. A CSP is developed through a series of meetings which help to identify a person's wants and needs for support and success in the community. The treatment team, family (if the consumer chooses), community providers, county, and advocates may all participate in the plan development.

Diversion Tracking

Greene County is tracking all diversion consumers and assuring appropriate services are in place.

Drop In Center

A place for people with mental illness to go to build meaningful relationships, socialize, learn new skills and participate in arts, music, and cultural and recreational activities.

Representative Payee Services

Greene County is developing Representative Payee Services through Greene Arc.

Consumer Family Satisfaction Team (CFST)

Consumer or Family members who do interviews with consumers and families in order to report on people's satisfaction with services and quality of life as well as their needs and preferences.

Housing Support Service

Services designed to enhance consumer's ability to maintain their own residence and independence with the community.

Recovery Planning

Greene County is working with a consultant to develop a plan to enhance recovery principles in the County. This plan will be a recovery integration process for all stakeholders and residents of Greene County.

Greene County Recovery Conference

Greene County is planning their annual Recovery and Wellness Conference in May 2009 to educate consumers, providers, and the community on Recovery and Service Planning.

Housing Case Management and Contingency Services

- Community Action Southwest

LAWRENCE COUNTY

RESIDENTIAL SERVICES

Transitional Living Home

Lawrence County is developing a comprehensive plan to meet their housing needs. Part of this plan includes a transitional housing program for people who are homeless, or for those persons who may need a temporary place to live following discharge from an inpatient stay, LTSR, and/or other situations that may require a temporary residence. This service has the additional focus of helping people build skills to maintain their housing. Three units are expected to be available by summer 2008.

Fairweather Lodge

Another component of the Lawrence County Housing Plan is the Fairweather Lodge. The Fairweather Lodge follows the nationally recognized program model for this service and offers permanent housing, employment, and emotional support for individuals in a small community setting.

Permanent Supportive Housing (PSH)

Permanent Supportive Housing (PSH) programs provide affordable housing *linked* to supportive services that are available, but not required. PSH is safe, secure, affordable, and permanent as long as the consumer pays the rent and follows the rules of their lease. PSH is linked to support services that are optional and flexible. People are not required to participate in services to keep their housing, although they are encouraged to use services. PSH support services are also flexible - individualized services are available when the consumer needs them and where the consumer lives.

The County's Permanent Supported Housing Plans provide for the development of approximately 12 units of housing. The primary target population for this service is individuals who are being discharged from Mayview or who are in residential programs that could be used by individuals at Mayview.

Regional: Long-Term Structured Residence

LTSRs provide intensive mental health treatment in a full-time secure and supervised residential environment. The Lawrence County will be adding to its existing capacity by participating in a regional program.

Regional: Extended Acute Care

This residential program offers diversionary and acute stabilization services. Extended Acute Care provides a longer period of inpatient stabilization in a recovery oriented environment that permits the individual to return to the community while avoiding unnecessary state hospitalization. Lawrence County has access to the regional Allegheny County facility located at WPIC.

Regional: Residential Treatment Facility for Adults (RTFA)

The RTFA provides highly structured residential mental health treatment services for individuals 18 years or older. It offers diversionary and acute stabilization services and serves as an alternative to either state or community hospitalization. Lawrence County is pursuing its own RTFA facility as well participating in a regional program.

Regional: Enhanced Personal Care Home

Lawrence County is participating in a regional Enhanced Personal Care Home initiative to increase its capacity for this type of residential facility. Enhanced Personal Care Homes supplement the traditional Personal Care Home level of care of additional mental health services and supports.

COMMUNITY BASED SERVICES**Coordinated Adult Service Team (CAST)**

Lawrence County MH/MR is currently in discussion with the local Community Mental Health Center for the potential development of a Coordinated Adult Service Team (CAST). The primary purpose and function of the CAST is to closely monitor and coordinate the services for consumers in a proactive manner to ensure the highest level of communication and individual planning at all times. The team would consist of all professional persons involved with the consumers who have complex needs (psychiatrist, nurse, housing specialist, residential staff, employment specialist, inpatient staff, intensive case manager, mobile medications staff, crisis staff and adult probation (if needed)). This adult team would function very much like the children's CASSP model. Lawrence County sees a lot of potential in having a CAST model would greatly improve our single point of accountability process. A CAST coordinator would be hired to oversee all functions of the team. The team will meet every two weeks (with a minimum of one meeting per month for each identified consumer). Consumers (approximately 40) will be identified by the adult team. In order to qualify as a consumer for CAST, a person must have at least one of the following:

1. A diagnosis considered to be serious mental illness.
2. Multiple inpatient stays
3. Recommendation for CAST by a psychiatrist or psychologist
4. Or a recommendation via the local inpatient diversion team.

Blended Case Management (BCM)

Lawrence County converted its traditional case management services (Intensive Case Management and Resource Coordination) to a Blended Case Management model which effectively increased case management capacity by 25%. Administrative Case Management services continue and are not incorporated into the blended model. BCM also serves as a crisis / on call service while additional crisis services are being developed.

PEER SERVICES

Peer Mentoring Program

Lawrence County has expanded its peer mentor program with the Peer Support and Advocacy Network (PSAN) and the local Lawrence County National Alliance on Mental Illness (NAMI). Peer mentors visit individuals prior to their discharge and continue to keep in contact with them once they are in the community. Peer mentors engage individuals in various community activities, and assist them in developing natural supports.

OTHER SERVICES

Drop-In Center

Lawrence County recently finished renovating and expanding the Drop-in Center. The Drop-in Center offers many social and educational opportunities, including instruction for basic computer skills, bible studies, peer support, peer mentoring, Wellness Recovery Action Plan (WRAP) training, vocational training, and Advanced Directives training, as well as other trainings on a monthly basis. The Drop-in Center also has fitness rooms equipped with separate male/female locker rooms. The Drop-in Center has over 130 members, with an average daily attendance of 45-50 people.

Continued development is planned for the Drop-in Center, including a warm lunch service and a small consumer-run thrift store.

Representative Payee Service

Operated from the Lawrence County Drop-in Center, this program includes information and education about budgeting, purchasing, and saving. The staff of this program can act as the representative payee as well as offer mentoring services to the individuals who are involved with the program.

WASHINGTON COUNTY

Permanent Supportive Housing (PSH)

Permanent Supportive Housing (PSH) programs provide affordable housing *linked* to supportive services that are available, but not required. PSH is safe, secure, affordable, and permanent as long as the consumer pays the rent and follows the rules of their lease. PSH is linked to support services that are optional and flexible. People are not required to participate in services to keep their housing, although they are encouraged to use services. PSH support services are also flexible - individualized services are available when the consumer needs them and where the consumer lives.

The primary target population for this service is individuals who are being discharged from Mayview or who are in residential programs that could be used by individuals at Mayview.

This program is provided by Southwestern Pennsylvania Human Services and Residential Recovery Services.

This program also includes a **Housing Support Team** that assists people in maintaining their tenancy and with integrating into their home community. The Housing Support Team coordinates with an individual's clinical team. Services include, but are not limited to items such as housekeeping, shopping, and budgeting.

This service is provided by Southwest Behavioral Care, Inc. It was developed in May of 2008.

Long-Term Residences

These small homes are intended for 3-4 residents who have had extended stays in the state hospital and who require significant support without the need for the restrictiveness or staffing complement of LTSRs, however these community based homes may have up to have 24-hour staff as determined by the needs of the consumers in residence.. The first of these homes was developed in July.

This service is provided by Community transition Connections. This service was developed in July of 2008.

Enhanced Personal Care Home

This is a second facility for Washington County for 12 residents in Monongahela. It offers state-of-the-art personal care services, including assistance with psychiatric rehabilitation, transportation, shopping, keeping appointments, recreational activities, money management, socialization, and supervision of medications.

This service is provided by Community Transition Connections This facility was developed in June of 2007.

Regional: Long-Term Structured Residence

LTSRs provide intensive mental health treatment in a full-time secure and supervised residential environment. The Washington County will be adding to its existing capacity by participating in a regional program.

Regional: Extended Acute Care

This residential program offers diversionary and acute stabilization services. Extended Acute Care provides a longer period of inpatient stabilization in a recovery oriented environment that permits the individual to return to the community while avoiding unnecessary state hospitalization. Washington County has access to the regional Allegheny County facility located at WPIC.

Regional: Residential Treatment Facility for Adults (RTFA)

The RTFA provides highly structured residential mental health treatment services for individuals 18 years or older. It offers diversionary and acute stabilization services and serves as an alternative to either state or community hospitalization. Washington County is participating in a regional program.

COMMUNITY BASED SERVICES

Crisis Stabilization / Diversion Unit

A four bed facility located in Donora and an eight bed facility (four beds dedicated for Forensic) located in Washington provides services to consumers who need 24 hour intensive help in stabilizing their current symptoms. Consumers can receive treatments at this unit instead of being hospitalized.

The initial four bed facility was developed in June of 2007. The Washington site opened in November of 2008. This service is provided by Southwestern Pennsylvania Human Services.

Other Crisis Services

Washington County has expanded its crisis services to include telephone and mobile services. The County has been working to educate providers, police, hospitals, and other community resources about the crisis services now available. These services will provide community-based intervention for people in crisis situations. The crisis services are provided by Washington Communities MH/MR and Southwestern Pennsylvania Human Services. Expansion of the crisis services was implemented in November of 2008.

Community Treatment Teams (CTT)

Washington County has expanded its CTT services to now cover all portions of the County. CTT is a community-based team-delivered program providing a wide variety of services, including psychiatric evaluations, mental health and drug and alcohol therapy, medication management, case management, peer support, assistance with housing, crisis and hospital diversion services, vocational assessments and supported employment, and assistance in managing personal finances. Teams typically include a Team Leader, a Psychiatrist, Nurses, Mental Health Professionals, Drug and Alcohol Specialists, Peer Support Counselors, and

Vocational Specialists. The Community treatment Team expansion occurred in September of 2008. The CTT is operated by Southwestern Pennsylvania Human Services.

Mobile Mental Health Outpatient Services

Washington County plans to expand services to provide mobile mental health outpatient support to individuals discharged from Mayview State Hospital, as well as other consumers in the community.

PEER SERVICES

Peer Mentoring Program

Washington County has expanded its peer mentor program. Peer mentors visit individuals prior to their discharge and continue to keep in contact with them once they are in the community. Peer mentors engage individuals in various community activities, and assist them in developing natural supports. This service is provided by AMI, Inc and was developed in January of 2008.

Certified Peer Support Specialist

Washington County currently has two approved Certified Peer Specialist Programs. One is operated by Centerville Clinics, Inc. The other is a program, AMI, Inc., also has a staff person specifically trained to serve Older Adults. This service is provided by both AMI, Inc. collaboratively with Southwestern Pennsylvania Human Services and also by Centerville Clinics, Inc. These services were operational by Spring of 2008.

FORENSIC SERVICES

Mental Health Court

Washington County is currently well underway in its development of a Mental Health Specialty Court Program. Part of this comprehensive program includes a Forensic Residential Crisis Stabilization Unit. The Crisis Stabilization Unit opened in November of 2008 and is operated by Southwestern Pennsylvania Human Services. The Mental Health Specialty Court Program also includes a Forensic Liaison and a Forensic Case Manager. The Forensic Liaison position had been operational previously but a Full-time position was created in November of 2008 and the Case Manager position was created in December of 2008. The Forensic Liaison and the Forensic Case Manager are provided by Washington Communities MH/MR.

OTHER SERVICES

Representative Payee Services

Washington County is expanding its representative payee services to assist people moving from the state hospital to the community to manage money and ensure that bills for vital services (i.e., rent, heat, etc.) get paid. Initial expansion of the Representative Payee Service Program occurred in May of 2007 with an additional position created in of 2008. This service is provided through the Mental Health Association of Washington County.

Drop-in Center

This service provides a welcoming environment for consumers to interact with and meet new peers engaging in activities or casual leisure time. Washington County has recently extended the hours of operation for its Drop-In Center to allow for greater consumer accessibility. Additionally, the Drop-In Center will soon be relocating to a newer, more comfortable location. This program is operated by the Mental Health Association of Washington County.

Clubhouse

In July, Washington County was pleased to open its “New Hope Clubhouse”. The Clubhouse is a Psychiatric Rehabilitation Program specifically designed to provide consumers the opportunity to find meaning through work. The Clubhouse also offers opportunities for peer support and socialization. This program is operated by AMI, Inc. in partnership with Transitional Employment Consultants.

Staff Enrichment Services

Washington County will provide limited funds for recreation and enrichment for its consumers who otherwise would not have the opportunity for these pursuits.

Transportation Assistance Services

Washington County will provide funding for miscellaneous transportation support when the County Transportation Programs do not provide for a consumer’s needs. There is limited funding available for this service and requests will be handled on a case-by-case basis.

Individual Support Services

In January 2008 Washington County expanded the contingency funds available for people moving from the state hospital to the community. These funds can be used in two ways: 1) one-time funds for people leaving the state hospital to purchase household goods; and 2) for items on an as-needed basis, such as medical equipment, oversized wheelchairs, etc.